## CREEKSIDE WEIGHTLIFTING

## **Team Info**

Head Coach: Oscar Lujan

Assistant Coach: Thomas Hornsby

2017-2018 Record: 6-1

2018-2019 Team Outlook: Creekside Girls Weightlifting came off a tremendous season after winning all the meets and then finishing District Runner-ups. With two State Qualifiers and multiple regional qualifiers returning, the season looks extremely bright! A host of Senior athletes have helped create an environment of support and leadership. The Creekside Knights have their eyes set on a district title and hope to send more qualifiers to the regional and state competitions in January of 2019.

## **Featured Athletes**

**Jenae Wash** (Class of 2019) – 169 Lb. Division – Jenae qualified for FHSAA State Championships last year and has shown amazing growth this off-season. Janae is a two sport athlete who is currently committed to Michigan State for softball. She plans on majoring in Nursing.

**Nicolette "Nickey" Ness** (Class of 2019) – 119 Lb. Division – Nickey also qualified for FHSAA State Championships last season and continues to PR as the weeks go on this fall. Nickey currently carries a 4.54 GPA and plans to attend either Duke University, The University of North Carolina, or The University of Florida.

Samantha "Sam" Wood (Class of 2019) – Unlimited Division – Sam, a regional qualifier, has posted powerful numbers in the fall and has competed in several meets throughout the state. Sam is also a two sport athlete here at Creekside and is hoping to compete at the college level.

**Watch List**: Megan Thomas (Sr.), Georgia Reilly (Sr.), Fayth Reilly (Sr.), Naseeha Aleem (Sr.), Julia Osborne (Jr.), Laurel Grace Wiegel (Jr.)strongest player on the team with a total of 1,015 lbs between his bench press, squat and clean!

