

CREEKSIDE HIGH SCHOOL'S

# Running of the Knights

Friday, May 16, 2014

5K Run/Walk • Centipede Team Racing • Mile Fun Run

Proceeds to Benefit Creekside High School Athletic and Band Programs



Presented by  
Creekside Knights Athletic Booster Club  
[www.creeksideknights.com](http://www.creeksideknights.com)  
EIN#26-2391946

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## Friday, May 16, 2014

Registration/Check-in - 4:30-6:30 PM

- 1 Mile Fun Run - 6:15 PM
- 5K Run/Walk/Centipede Race - 7 PM
- Awards - 8 PM

Location: Creekside High School, 100 Knights Lane, Saint Johns, FL 32259

## Packet Pick-Up

Packets will be available Tuesday, May 13 and Wednesday, May 14 from 10 AM – 7 PM at Jacksonville Running Company, 13760 Old St. Augustine Rd. , Jacksonville, FL 32258. Creekside students can pick up their packets Thursday at Creekside High School during their lunch periods. All packets not picked up will be available for pick up at 4:30 PM race day at Creekside High School.

## Entry Fee

- One Mile: \$10.00
- 5K: \$30.00 through May 12
- 5K: \$35.00 May 13-Day of Race

Only pre-registered runners are guaranteed to receive a t-shirt. Online registration is available at [www.runningoftheknights.com](http://www.runningoftheknights.com) through Monday, May 12. A convenience fee will be added to all online registrations. Sorry, no refunds.

## Centipede Team Race

This year's 5K race will include an optional division, "Centipede Team" where at least 5 runners are connected and run as a unit. Each centipede member registers individually. Centipede team rules are available on our website, [www.runningoftheknights.com](http://www.runningoftheknights.com). Check-out photos of the fun, creative Centipede Teams from previous years.

## Fun, Family Friendly Festival

A family friendly festival will be taking place before, during, and after the races. Bring the family for fun, food, music and more! High-energy games include the Giant Hamster Ball and U-Launcher! Please check our website for details on vendors, games, food and our musical guests at

[www.runningoftheknights.com](http://www.runningoftheknights.com)

## Awards

- Ribbons will be awarded to children who finish the One Mile Fun Run, with medals awarded to Top 3 Finishers.
- An awards ceremony for the 5K Finishers will be held at approximately 8:00 PM. Awards will go to the top male and female overall, and to the top three finishers in the following male and female age groups: 10 & under, 11-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70 & over
- Centipede Team Awards for the Most School Spirit, Fastest Time, Most Creative, Funniest, Best Team Effort, and Biggest/Longest (see centipede race rules at [www.runningoftheknights.com](http://www.runningoftheknights.com))

## NEW This Year!

**IT'S YOUR RACE**-Our exclusive, all-new mobile application for participants who register online keeps you up to date with information including course maps, instant race results, sponsor info, race photos and more. Just search Running of the Knights and get plugged in.

**ST. JOHNS COUNTY SCHOOL CHALLENGE**-All St. Johns County Schools (elementary, middle or high schools) who register 25 student or faculty runners either through individual 5K participants or centipede teams will receive \$5.00 per runner to their respective schools. Our 5K is a perfect venue to show your team spirit or use your "Centipede Creativity."

### Creekside High School's Running of the Knights May 16, 2014

first name \_\_\_\_\_ last name \_\_\_\_\_ DOB \_\_\_\_\_ age on race day \_\_\_\_\_

street address \_\_\_\_\_ city \_\_\_\_\_

state \_\_\_\_\_ zip code \_\_\_\_\_ phone \_\_\_\_\_ email address \_\_\_\_\_

Gender: M F (circle one) T-Shirt Size: YL S M L XL (circle one)

Choose one (1) event: ☐ 5K Race ☐ 1 Mile Fun Run ☐ Centipede Team Race

Centipede Team Name: \_\_\_\_\_ School Affiliation (if student or faculty only) \_\_\_\_\_

How did you hear about this event? \_\_\_\_\_

**CREEKSIDE STUDENTS ONLY: List your Sport and/or Performing Arts Affiliation(s):** \_\_\_\_\_

In consideration of my participation in the Running of the Knights, I hereby for myself, my heirs, and personal representatives assume any and all risks which might be associated with the event, and I further waive, release, discharge and covenant not to sue Creekside High School, Creekside Knights Athletic Booster Club or the St. Johns County School District, their officers, members, sponsors, organizers or other representatives or successors and assigns, for any injuries or damages of any kind whatsoever as a result of taking part in the event and related activities. I understand and agree that I am voluntarily participating at my own risk. I give permission for the free use of my name, picture, and voice in any broadcast or any publication regarding this event. I understand that bicycles, scooters, skateboards and skates are not permitted. Also, I am aware there will be no refunds available.

Participant Signature \_\_\_\_\_ date \_\_\_\_\_

Parent Signature \_\_\_\_\_ date \_\_\_\_\_

(if participant is under 18 years of age)

#### Make Checks Payable to:

Creekside Knights Athletic Booster Club (CKABC)

#### Mail to:

Creekside High School, Attn: Running of the Knights,  
100 Knights Lane, St. Johns, FL 32259 \*Sorry, no refunds

Fun Run Registration (\$10)*	
5K Registration (\$30)*	
Optional Donation	
<b>Total Enclosed:</b>	