

Mental Health Week Schedule of Activities:

- **Monday** – Green ribbon pins on shirts (handing out during lunch)
- **Tuesday** – Be positive all-day (no complaining, help others)
- **Wednesday** – Mental Health Awareness Assemblies (Class Assemblies: 2nd Period Juniors, 3rd Period Seniors, 5th Period Freshmen, 6th Period Sophomores)
***If you would like your child to “Opt Out” of the class assemblies, please print and complete the “Opt Out” form and return it to the front office no later than Tuesday, 10/7/14.*
- **Thursday** – Mental Health “**Spirit Knight**” at Chick-fil-Ia on Southside outside of the Avenues Mall (Passing out green wrist bracelets; funds donated on behalf of CHS to MHA)
- **Friday** – Green Out at Friday’s football game