The FHSAA has enacted educational requirements for participation in athletics. All coaches and student-athletes are required to complete the courses (see below) before the first practice date for their sport. Failure to comply with these policies may result in fines and/or sanctions.

Policy 40.1.1 – All FHSAA member school head coaches, paid/supplemented coaches and student-athletes are required to annually view the FREE NFHS online education course *"Concussion in Sports – What You Need to Know."*

Policy 41.1 – All FHSAA member school head coaches, paid/supplemented coaches and studentathletes are required to annually view the FREE NFHS online education course *"Heat Illness Prevention."*

Policy 42.1.1 – All FHSAA member school head coaches, paid/supplemented coaches and student-athletes are required to annually view the FREE NFHS online education course *"Sudden Cardiac Arrest."*

To view the courses:

<u>Step 1</u>: Go to <u>www.nfhslearn.com</u>.

- <u>Step 2</u>: **"Sign In"** to your account using the e-mail address and password you provided at the time you registered.
 - OR
 - If you do not have an account, "Register" for an account.

<u>Step 3</u>: Click **"Courses"** at the top of the page.

- <u>Step 4</u>: Scroll down to the specific course from the list of courses.
- Step 5: Click "View Course".
- Step 6: Click "Order Course."

<u>Step 7</u>: Select **"Myself"** if the course will be completed by you.

Step 8: Click "Continue" and follow the on-screen prompts to finish the checkout

process. (Note: There is no fee for these courses.)

Beginning a Course

Step 1: Go to www.nfhslearn.com.

<u>Step 2</u>: **"Sign In"** to your account using the e-mail address and password you provided at time of registering for an nfhslearn account.

Step 3: From your **"Dashboard,"** click **"My Courses"**.

<u>Step 4</u>: Click **"Begin Course"** on the course you wish to take.

For help viewing the course, please contact the help desk at NFHS. There is a tab on the upper right hand corner of <u>www.nfhslearn.com</u>. If you should experience any issues while taking the course, please contact the NFHS Help Desk at (317) 565-2023.