

CREEKSIDE HIGH SCHOOL

Boys Weightlifting

Head Coach: Devin Bice

Assistant Coach: Sean McIntyre

Assistant Coach: Shane Bowers

2019-2020 Team Outlook: The Creekside Weightlifting Team is to keep the momentum going this year with several returning lettermen and regional qualifiers. The Knights are loaded with talent and have shown tremendous gains in the off-season. The numbers have grown steadily and the young men are showing grit and determination as the season is about to begin.

Featured Athletes:

Jalen Hines (Class of 2020) – 183lb. Weight Division – Jalen is a multiple sport athlete who has competed in football, wrestling and weight lifting. He finished seventh overall in the state of Florida in 2019 as a junior. Jalen plans to return to the state meet and improve in his already impressive stats. He plans to attend an elite university in the northeast to study Film and Psychology. His overall GPA is an astounding 4.25.

Jonathan Mena (Class of 2020) – 169lb. Weight Division – Jonathan is a returning regional qualifier who broke the school record with 285lb. clean and jerk in 2019. He finished third in stacked district and finished fourth in the region. He plans to attend the University of Florida or University of North Florida next fall to study Business Management. His overall GPA is a 4.5!

Watch List: Jake Spillers (Jr.), Will Aaronson (Jr.), Colin Welling (Soph.), Vincent Approbato (Soph.)

