

CREEKSIDE ATHLETIC MEDICINE

Athletic Injury Management Policy

Student-athlete health and safety is paramount. The Creekside Athletic Department will ensure that every injury or illness affecting our student-athletes participation in athletics is given the proper and timely treatment. The Athletic Staff will ensure proper communication with parents, medical staff, and administration.

Athletic Injury Management Procedures

Any time an injury occurs to a Creekside High School student-athlete while participating in an interscholastic competition or practice the following actions must be completed:

1. All athletic injuries that result in lost participation time must be reported to the Athletic Trainer.
2. If an injury requires transport by Emergency Medical Services (EMS) to a hospital or other medical facility, the Head Coach will provide EMS with a copy of the student-athlete's Athletic Clearance Emergency Card as it acts as consent to medical treatment and parent contact information.
3. The Head Coach must notify the Athletic Trainer of the injury within 24 hours if contest/practice was off campus.
4. The Head Coach will instruct the student-athlete to report to the Athletic Trainer for follow-up evaluation on the first day back to school.
5. The Head Coach must complete a St. Johns County School District Accident Report form and place a copy in the school server SJCS D dropboxes of the School Secretary and Athletic Trainer on the first day back to school or the first day after the Head Coach learns of the injury. Paper copies of the Accident Report should be avoided to ensure privacy.
6. The Athletic Trainer will coordinate all remedial care with the student-athlete, parents, and other healthcare providers.
7. The Athletic Trainer will coordinate the return to participation for every injured student-athlete.
8. All injuries or conditions that require treatment by a physician will require medical clearance from that physician or a physician specialist prior to the student-athlete to returning to participation.
9. Every letter of medical clearance should be directed to the Athletic Trainer for verification. No Coach should ever accept a letter of clearance from a student-athlete. Nor should a Coach accept the word of anyone that a student-athlete has "been cleared" without an actual written clearance.
10. The Athletic Trainer will then inform the Head Coach of the student-athlete's readiness to participate.

These procedures are intended to protect the student-athletes, the coaching staff, Creekside High School, and the St. Johns County School District. Adherence to these procedures is the highest priority for the safety of the young men and women we are developing into tomorrow's leaders.

