

CREEKSIDE ATHLETIC MEDICINE

Return to Play Policy

Student-athlete health and safety is paramount. The Creekside Athletic Department will ensure that every injury or illness affecting our student-athletes participation in athletics is returned to play in a safe, competent manner. The Athletic Staff will ensure proper communication with parents, medical staff, and administration.

Return to Play Procedures

Any time an injury/illness occurs to a Creekside High School student-athlete that causes a lapse in participation in an interscholastic competition or practice the following actions must be completed:

1. All athletic injury information is confidential. No injury information will be given to the media or press. All injury information will be directed to the athletic trainer, supervising physician, or parent/guardian.
2. All student-athletes under a physician's care must have a written clearance before being allowed to return to play or participation of any sport. No clearance note means **NO** participation.
3. All written protocols from a physician or physician specialist are final. Second opinions may only be given on the agreement of the supervising physician, athletic trainer, and the student-athlete and parent/guardian; except where law supersedes (i.e. Concussion).
4. No student-athlete can clear himself/herself to play or participate in activity at any time following injury status. All injuries must be cleared by the treating physician or personal professional healthcare provider; with approval of the approval of the athletic trainer and supervising physician.
5. A doctor's note is not acceptable to clear an athlete to return to play following a concussion or head injury. Return to play will take place only after the athletic trainer determines that all the following have occurred:
 1. the ImPACT scores following the incident have returned to normal;
 2. the student-athlete is not experiencing concussion symptoms;
 3. is no longer taking medication for symptoms;
 4. has completed the return to play progression required by Florida State Law and FHSAA rules (see FHSAA Form AT18)
 5. And is cleared by their treating physician (MD or DO only) to return to play
6. All student-athletes must also be cleared by the Athletic Trainer **before** returning to any participation, in addition to any doctor's clearance. This is for ensuring functional capacity to participate and abidance with physician orders. The Athletic Trainer will inform the Head Coach when the student-athlete may return to play.

