



# Creekside Volleyball Summer 2020

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**Athletic Forms** - Each athlete must have the following forms completed and scanned into **Athletic Clearance** (directions/forms online under the Athletics tab) **prior to any participation:**

1. **physical (EL2) good for one year April 15, 2019 – April 14, 2020**
2. **parent consent (EL3) forms (on Athletic Clearance )**
3. **Complete the 3 required videos on NFHS. Upload in Athletic Clearance**
4. **NO HARD COPIES, everything is electronic.**

## COVID-19 – CHANGE OF PLANS

**\*\*DUE TO COVID-19 WE WILL NOT BE ABLE TO BEGIN ANY ACTIVITIES UNTIL JUNE 15. I WILL HAVE UPDATES AT THIS TIME AND WILL UPDATE THE SCHEDULE AS NEEDED.**

**\*\*PLEASE BE PATIENT WITH TIMES AND DATES AS WE ARE FOLLOWING THE DISTRICT GUIDELINES TO DETERMINE THE BEST PLAN TO KEEP ALL ATHLETES HEALTHY. IT IS CONSTANTLY BEING REEVALUATED.**

**Summer Practices:** All practices will be Tuesday/Thursday mornings @ 6:30-8:30am, beginning June 16 and ending July 21. Practices are open to anyone enrolled at CHS and has their Athletic Clearance completed. There may be some beach scrimmages Wednesdays @ the St. Augustine Pier from 8:00-10:00am (TBD). Weightlifting/conditioning will be at 6:30-7:15am on Monday and Wednesday for all, Tuesday upper classmen, and Thursday lower classman. Attendance does not guarantee you a spot on the team.

**\*\*Summer League:** **NO summer league this year**

**Beach (optional):** No Beach this summer

**Camp Information:** Returning players only!

- Knights Next Generation Volleyball Camp (KNG Volleyball) Community service hours
  - July 20-23 (Grades 4-8) 9am-12pm \$120
  - **All returning players are asked to help run the camp**

**TRYOUT INFORMATION:** *Tryouts for the 2020 season are on Monday, July 27 @ 4:00-6:00pm JV tryouts, 6:00-7:30pm Varsity tryouts. If a player misses tryouts they will not make the team, there will be NO make-up tryouts. All practices after tryouts (beginning July 28) are required practices. There will be a JV and Varsity team. Must be cleared through Athletic Clearance prior to tryouts.*

## WE ARE ONE!



## TRYOUTS

- Tryouts will be evaluated on skill, team chemistry, attitude, work ethic, along with a few other topics that makes a team, a team. Skill alone will not get you on the team.
- **Participation on any team last year does NOT guarantee you a spot on the team, regardless of grade level, experience or previous play time.**
- **Participation in spring workouts, summer practices, leagues and camp does NOT guarantee you a spot on the team.**

# SUMMER CALENDAR 2020

*Tryouts are on July 27. If a player misses tryouts they will not make the team, there will be NO make up tryouts. All practices after tryouts are required practices. We are in season at this point. Athletes must have EL2 and EL3 to participate in any activities and cleared through Athletic Clearance. Go to the CHS Athletics Webpage for forms.*

◀ May 2020		June 2020					Jul 2020 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
14	15	16 Practice 6:30-8:30am	17 Weights/Conditioning 6:30-7:15am	18 Weights/Conditioning 6:30-7:15am lower classmen Practice 6:30-8:30am	19	20	
21	22 Weights/Conditioning 6:30-7:15am	23 Weights/Conditioning 6:30-7:15am Upper classmen Practice 6:30-8:30am	24 Weights/Conditioning 6:30-7:15am	25 Weights/Conditioning 6:30-7:15am lower classmen Practice 6:30-8:30am	26	27	
28	29 KNG VB Camp Helpers if you can (returning players) Weights/Conditioning 6:30-7:15am	30 Practice 6:30-8:30am KNG VB Camp Weights/Conditioning 6:30-7:15am Upper classmen					

◀ Jun 2020	July 2020						Aug 2020 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1 KNG VB Camp Weights/Conditioning 6:30-7:15am	2 KNG VB Camp Weights/Conditioning 6:30-7:15am lower classmen Practice 6:30-8:30am	3	4	
5	6 Weights/Conditioning 6:30-7:15am	7 Weights/Conditioning 6:30-7:15am Upper classmen Practice 6:30-8:30am	8 Weights/Conditioning 6:30-7:15am	9 Weights/Conditioning 6:30-7:15am lower classmen Practice 6:30-8:30am	10	11	
12	13 Weights/Conditioning 6:30-7:15am	14 Weights/Conditioning 6:30-7:15am Upper classmen Practice 6:30-8:30am	15 Weights/Conditioning 6:30-7:15am	16 Weights/Conditioning 6:30-7:15am lower classmen Practice 6:30-8:30am	17	18	
19	20 Weights/Conditioning 6:30-7:15am	21 Weights/Conditioning 6:30-7:15am Upper classmen Practice 6:30-8:30am	22 Weights/Conditioning 6:30-7:15am	23	24	25	
26	27 <b>TRYOUTS</b> JV Tryouts 4:00-6:00pm V Tryouts 6:00-7:30pm	28 Practice 4:00-6:30pm	29 Practice 4:00-6:30pm	30 Practice 4:00-6:30pm	31 Practice 4:00-6:30pm		

