The FHSAA has enacted educational requirements for athletic participation and coaching. All students and coaches are required to complete the courses (see below) before the first practice date for their sport. Failure to comply with these policies may result in fines and/or sanctions.

Policy 40.1.1 – All FHSAA member school head coaches, paid/supplemented coaches and student-athletes are required to annually view the FREE NFHS online education course *"Concussion in Sports – What You Need to Know."*

Policy 41.1 – All FHSAA member school head coaches, paid/supplemented coaches and studentathletes are required to annually view the FREE NFHS online education course *"Heat Illness Prevention."*

Policy 42.1.1 – All FHSAA member school head coaches, paid/supplemented coaches and student-athletes are required to annually view the FREE NFHS online education course *"Sudden Cardiac Arrest."*

To view the courses:

<u>Step 1</u>: Go to <u>www.nfhslearn.com</u>.

<u>Step 2</u>: **"Sign In"** to your account using the e-mail address and password you provided at time of registering for an nfhslearn account.

OR

If you do not have an account, "Register" for an account.

<u>Step 3</u>: Click **"Courses"** at the top of the page.

<u>Step 4</u>: Scroll down to the specific course from the list of courses.

<u>Step 5</u>: Click "View Course".

Step 6: Click "Order Course."

<u>Step 7</u>: Select **"Myself"** if the course will be completed by you.

<u>Step 8</u>: Click "**Continue"** and follow the on-screen prompts to finish the checkout process. (Note: There is no fee for these courses.)

Beginning a Course

<u>Step 1</u>: Go to <u>www.nfhslearn.com</u>.

<u>Step 2</u>: **"Sign In"** to your account using the e-mail address and password you provided at time of registering for an nfhslearn account.

<u>Step 3</u>: From your **"Dashboard,"** click **"My Courses"**.

<u>Step 4</u>: Click **"Begin Course"** on the course you wish to take.