

# Creekside Cross Country

Boys Head Coach: Cash Tampa  
Boys Asst. Coach: Nathan Perez  
Girls Head Coach: Mandy Yates  
Girls Asst. Coach: Heather Perez

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## TEAM EXPECTATIONS

- Be on time and ready to run at the time practice is scheduled.
- Attendance is expected at all practices. Absences jeopardize eligibility to participate in races.
- Be at your best at all times. You represent the Team, your Family, Creekside and Yourself in everything you do.
- We are a team. A good teammate is a friend who tries to understand, encourage, and appreciate other members of the team. Open communication and feedback is expected. A team who works together will perform well together.

## Creekside 2021 Cross Country Competition Schedule

Date	Event	Location
August 2	First Official Practice	CHS
August 27	Cecil Field Summer Classic	New World Golf
Sept. 11	Bale-n-Trail	Bartram
Sept 18	Middleburg	Middleburg
Sept 25	Katie Caples	Jacksonville
Oct. 2	Craig Speziale Invitational	Ponte Vedra
Oct. 9	New World Fall Spectacular	New World Golf
Oct. 15-16	Pre-State (Top 10 only)	Tallahassee
Oct. 23	JV CHAMPS	Jacksonville
Oct. 29	District Meet (Varsity Only)	Lake City
Nov. 6	Regional Meet (Varsity Only)	TBD
Nov. 12	State Meet (Varsity Only)	Tallahassee



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